

# Living power

For all who have made a living and now wish to make a life

May-June 2018

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## President's Message

As this is my last article as president of NCRGEA, I would like to remind you of how well-run and hard-working this organization is. The staff and the leadership of NCRGEA is constantly focused on both the advocacy efforts on behalf of all government retirees and the expansion of benefits for members. The total of our dues-paying members has risen by 9 percent since June, bringing our membership up to almost 60,000. Affiliate members – recent retirees – have a 6-month free access to our newsletter and limited benefits prior to joining as full dues-paid members. Affiliate members bring our numbers to more than 65,000 former government employees who have the information they need to be advocates themselves. The importance of these numbers, of course, is that our voice as an advocacy organization is stronger.

Much of this growth can be attributed to the efforts of our Outreach Committee led by Jeff Joines. We have focused on our brand by running ads on NCSPIN and partnering with a professional marketing firm to bring our message to a broader audience. We have also talked directly to the NC League of Municipalities and NC Association of County Commissioners, through their annual meetings and meetings at our request to put the needs for a retiree COLA on their radar. We have continued to offer our district meetings for members and guests across the state and update the programs each year to include topics of specific interest to retirees.

The best way to attract new members though, is always to offer something of value for their membership. Our Benefits Committee led by Linda Story works continuously to identify programs or services that retirees want (or need). Our list of benefits to members is much too long to list here but some of the ones recently added include an optional final expense insur-

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North Carolina

Retired  
Governmental  
Employees'  
Association

## President's Message ... cont'd

ance; travel opportunities through Carolina Cruise and Tours, discounts through the online discount program Access Perks, and the Office Depot store purchasing card. The Benefits Committee has regularly looked at a number of other benefits, but unless they actually added value to our members, they were not adopted by our organization.

We are however; an organization with a mission and a purpose, and our Legislative Committee led by former Senator Bob Atwater has kept us moving forward. We have held organized Lobby Days during which our members have walked the halls of the legislature pushing them to consider

a COLA. We hosted a sponsored-reception for retired legislators to familiarize them with the needs of retirees and solicited their support with their currently-serving colleagues. We have also had meetings with State Treasurer Dale Folwell, including once when he graciously volunteered to come to an NCRGEA Board of Directors meeting to discuss the retirement system and state health plan. Frequently, we have carried out letter writing campaigns to ensure our legislators do not lose sight of us and our members' needs. We were fortunate to receive a modest COLA for Teachers' and State Employee Retirees'; but so far, have not

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*North Carolina*  
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**Living Power** is published to provide current information for NCRGEA's membership. Newsletters are printed bimonthly and mailed to all members of NCRGEA. Your comments are welcome.

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To receive **Living Power** newsletter electronically, please send an email to [info@ncrgea.com](mailto:info@ncrgea.com) and include your full name and the city where you live.

## President's Message.. *cont'd*

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been successful for local retirees. To increase our chances for success in the near future, we formed a Local Government Retiree Ad Hoc Committee led by Vann Langston to look exclusively at the problems surrounding obtaining a COLA. As a result, we have developed strategies for approaching leadership among city and county officials. We truly hope that we will secure a COLA by 2019.

As an Association, we have a fiduciary responsibility and our Finance Committee led by Clifton Metcalf has maintained our solvency and made changes in our investment portfolio to increase our returns.

Because of able leadership in financial concerns, our Board of Directors has concentrated on our mission and legislative priorities: 1) To provide a COLA, 2) To sustain the Annual Required Contribution to the retirement system, 3) To maintain funding for the State Health Plan, and 4) To continue our retirement system as a Defined Benefit Plan.

So, I leave office this year proud to have served with such dedicated and committed volunteer leaders. NCRGEA is an executive director with a staff of 5 and a volunteer board of 17 members and 4 officers. I commend them all for making this an outstanding, purpose-driven organization, and I thank Vice President Linda Suggs, Treasurer Clifton Metcalf, and Secretary Vann Langston; for their support and leadership for the past two years.

I wish each of you the best for your retirement future.

*Joe Barwick*  
*NCRGEA President*

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## 2018 Retiree Pay Dates

(Dates pension checks are direct deposited or date checks are mailed.)

May 25, 2018	September 25, 2018
June 25, 2018	October 25, 2018
July 25, 2018	November 21, 2018
August 24, 2018	December 20, 2018

Be sure to keep the NC Retirement System informed of your correct mailing address.

Call 1-877-627-3287 for all questions about your retirement check or deductions.

## 2018 Legislative Short Session

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The 2018 Legislative Short Session will convene on May 16, 2018. A Short Session occurs prior to the beginning of the second year of the biennial budget adopted by the General Assembly in odd years (i.e. 2017). The "short session" is to be a brief session to allow legislators to make adjustments to the state's biennial budget. However, in years past these "short sessions" have been filled with bills on substantive issues which lead to many committee meetings and much debate on issues having nothing to do with the budget.

**What are we to expect this year?** The word on the street is this will actually be a short session focused on budget adjustments and ending in the middle of June. (We can only hope.) There are several factors used to justify the short, short session theory. First, revenue collections for the year are coming in a little above target and will provide funds to make required and needed minor adjustments, but not enough to get legislators battling over the allocation of these excess funds. Also, for the first time in recent memory every House and Senate seat will be contested in the November general election. With the primaries just prior to the short session, incumbent legislators will want to get back to their districts to campaign. The upcoming general election will be the driving force for the General Assembly to have a real short session.

NCRGEA's priorities for the Short Session remain the same: obtaining a COLA for retirees, ensuring adequate funding for the retirements systems; ensuring the State Health Plan is sufficiently funded and the retention of the defined-benefit plan for current and future retirees.

To serve our mission and membership, the North Carolina Retired Governmental Employees' Association must create a path for retirees to have future cost of living adjustments. In the immediate, this is to offset an almost decade long decline in pension value, in the wake of a 16 % rise in inflation. Once again, the pension plan did not have sufficient investment gains to provide a COLA for LGERS retirees or TSERS retirees. The General Assembly has for the past two years provided additional funding to TSERS retirees a 1.6% bonus in

*Continued on Page 4*

## Short Session ... cont'd

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2016 and a 1% COLA in 2017.

LGERS retirees have not been as fortunate because additional funds have not been provided for a COLA. Because there is no clear process to have additional funds contributed to LGERS for a COLA, your NCRGEA has made it a high priority to engage local elected officials, city and county administrators and make it known that a COLA for local government retirees (LGERS) is long overdue and action is needed. We will work tirelessly to help both TS-ERS and LGERS realize COLAs in FY 2018-2019.

Both the state pension plan and the health plan will require small increases from the General Assembly this session as well. We will work to ensure that those increases are realized. We will continue to defend the defined benefit system for current and future governmental retirees.

Let's just hope the prognostications of a "short" Short Session holds true.

Stay Tuned!!

*Richard Rogers*  
*NCRGEA Executive Director*

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## 'You're Kidding Me! I Had No Idea I Could Save That Much Money'

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Sometimes life's little surprises come out of nowhere. Like the hundreds of times state and local government retirees find out they can save hundreds of dollars by purchasing products and services from Correction Enterprises.

"We have been diligently working hard to educate all of our stakeholders about Correction Enterprises," says Robert Leon, Deputy Director of Correction Enterprises, which operates 30 production centers that make thousands of products from within North Carolina state prisons. "Thanks to recent promotional campaigns to government employees, retirees and National Guard members, the word is really getting out," he says.

Indeed. Direct sales to these customer groups are up almost 15 percent this year. So, what's the big deal? "Buying from us is like money in your pocket," Leon says.

How much money? Take prescription eyeglasses, sunglasses and safety eyewear. Priced at anywhere from \$74 to around \$199 at Correction Enterprises' Optical stores, the same pair of glasses can cost from \$400-\$700 at many commercial optical stores.

Reupholstery services from Correction Enterprises' Salisbury plant can save retirees hundreds. Other big savings can be had on printing (photos, invitations, cards, banners), wood home office furniture, metal grills, fire pits, rocking chairs, Adirondack chairs, rain barrels, wood corn hole games, motorized sit-stand desks, state seal "polo" shirts,

framing and matting services, and most gift items similar to those used for employee service awards. State laws allow Correction Enterprises to sell its goods to "any current employee or retiree of the State of North Carolina or a unit of local government of this state" and as of July 1, 2017, to active or retired National Guard members. The only limitations are a calendar-year purchase limit of \$2,500 per customer and a prohibition of resale of any products purchased. A new account can easily be set up at [www.correctionenterprises.com](http://www.correctionenterprises.com).

"In reality, buying from Correction Enterprises is like a free benefit," says Carol Battle, Benefits and Rewards Coordinator for the Office of State Human Resources (OSHR). "Employees and retirees buy many of these products elsewhere already and are paying higher prices for most of them," she says. "Not to mention, the quality is much better on products like wood furniture, metal grills and fire pits."

But there's also another powerful benefit, Leon says: "When anyone buys from us, they become a partner in our purpose-driven vision to Make North Carolina Safer through the Changing of Lives." **Call toll free (800) 241-0124**

### **Watch NC SPIN on UNC-TV**

Fridays at 7:30 p.m. • Sundays at 12:30 p.m.

### **North Carolina Channel**

Fridays at 10 pm • Saturdays at 4:30 pm  
Sundays at 10 pm

## Attention SECU Members – Speech Recognition Available!

When you're on the go, you want the convenience of account accessibility anytime, anywhere. State Employees' Credit Union (SECU) is excited to present its new Interactive ASK SECU Voice Response System, with speech-recognition technology and intelligent card entry.

ASK SECU allows members to access their accounts around the clock from any location in the continental United States by dialing 800 ASK SECU (1.800.275.7328) or 919.839.5400. Verify your account balances, process real-time loan advances, confirm deposits and payments, transfer funds between your Credit Union accounts and much more!

When you call in from a number on file with SECU, intelligent card entry allows you to simply log in to ASK SECU by speaking or entering the last four digits of your debit card number and Voice Response Personal Identification Number (PIN). From there, the speech-recognition technology

allows you to navigate through your accounts and perform transfers, advances, and inquiries using voice commands. You no longer need to enter numbers on your phone – unless you choose to do so! If you haven't used ASK SECU and would like to, you will need a debit card and an ASK SECU PIN as noted above.

You can obtain an ASK SECU PIN by contacting your local branch or 24/7 Member Services at 888.732.8562. To obtain current interest rates or branch and ATM locations, a debit card and PIN are not necessary.

The new Interactive ASK SECU Voice Response System is a great way to quickly and conveniently navigate your accounts – try it today! For more information, visit [www.ncsecu.org](http://www.ncsecu.org).

Article provided by:

State Employees' Credit Union®  


## Member Reminder: Notify NCRGEA When a Covered Spouse or Dependent Passes Away

At NCRGEA, we understand the difficult times faced when a spouse or covered family member passes away. However, the sooner NCRGEA is notified of a death, the faster we can stop the premium deductions for the MetLife dental and Superior Vision plans.

Be sure to contact the NCRGEA office if your spouse or a dependent who is covered under your Superior Vision and/or MetLife Dental plans passes away.

There is a limited timeframe when we can refund premiums that were deducted after the covered person's death but before notice had been given. You will also need to contact other state and federal agencies to report the death. We are all separate agencies, and as such, each requires individual notification.

Please contact the NCRGEA office if you have any questions 1-800-356-1190.

### Retirees can be members

Join Local Government Federal Credit Union and find out what a difference it makes to work with a financial institution dedicated to the needs of you and your family.

Learn more at  
[lgfcu.org/membership](http://lgfcu.org/membership).

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**LGFCU**  
LOCAL GOVERNMENT  
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# Hearing Aid Care: 6 Things to Look Out for This Summer

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## By Amplifon Hearing Health Care

Summer is in full swing. Hotter temperatures and more outdoor activities mean your hearing aids need a little extra care and TLC. Make sure your hearing aids work their best by keeping an eye out for these six summer risks.

**1. Sweat** - It's important to stay active. But perspiration can damage hearing aids. Sweat doesn't only come from sports. It's important to pay attention to other activities like gardening or walking on hot, humid days.

Remove your hearing aids if you're doing an intense physical activity and the environment around you is safe for limited hearing. Try to schedule strenuous activities during cooler parts of the day, like early mornings or late evenings.

Or if you prefer to keep your hearing aids in, try wearing a hearing aid sweatband or fabric sleeve, which helps soak up sweat, while protecting your hearing aids.

**2. Sunscreen and bug spray** - Oils in sunscreens and bug sprays can seep in and damage your hearing aid, clogging the microphone.

Make sure to apply sunscreen and bug spray before putting your hearing aids on, allowing plenty of time for oils to dry first.

**3. Sand** - Wind, salt water and sand can make using hearing aids at the beach difficult and can cause damage.

Leave your hearing aids back at home or at the hotel room. If you bring them, try not to touch them if your hands are sandy.

**4. Moisture** - Water of all kinds is an enemy to hearing aids. Moisture can damage microphones, receivers and corrode batteries. Remove your hearing aids when bathing, washing your face and swimming. Don't store hearing aids in the bathroom or other humid places.

When you're by a swimming pool, pick a chair near the back, where you're less likely to get splashed. Leave your waterproof container in plain sight, so you remember to take out your hearing aids before swimming.

Pack an umbrella and rain hat for outdoor events and leave extras in your car. If you live an unusually humid area, you might want to consider a hearing aid dehumidifier. The machine removes

moisture while you sleep.

**Tip:** Accidents happen. If your hearing aid gets wet, open the battery case and wipe it with a clean towel. Don't use a dryer or hair dryer to remove moisture. A plastic bag filled with uncooked rice can be an efficient backup in an emergency.

**5. Heat and storage** - High temperatures can cause serious damage. When you remove your hearing aids, keep them in their case in a cool, dry place away from direct sunlight. Avoid removing and leaving them in your car where temperatures can soar, and heat can cause damage.

Remove your hearing aids in a cool, safe place, like sitting down at a desk or vanity. You'll be less likely to drop and step on them. It's easy to leave things behind when taking summer trips. While packing, make sure your name and phone number is clearly marked on your case, so your hearing aids can be returned if left behind.

**6. Allergens** - Microscopic pollen, mold, ragweed and other allergens float in the air throughout the summer. They can clog and damage hearing aids.

Regular cleanings can keep allergens and more out of your hearing aids. Read your manual and learn the right way to clean from your hearing health care professional.

Be delicate when cleaning, since many parts are sensitive. Remove dirt, debris and wax every night and open the battery compartment to allow it to air out. If you're unsure how to clean your specific hearing aid model, a hearing professional can show you. It's also important to schedule professional cleanings with them a few times a year. [Contact a hearing health care provider today.](#) The better you maintain your hearing aids, the longer they can last ... not just over summer, but all year long. Together, we can ensure your hearing aids work their best.

**1-(877) 806-7054**

  
Hearing  
Health Care.

### May 22-25 - Discover Chattanooga

**\*\*10 SEATS AVAILABLE\*\***

Join Carolina Cruise & Tours as we depart for Chattanooga, Tennessee. One of the South's top travel destinations. If you love civil war history, great food and fun – this tour is for you! Departs from Raleigh with pickups in Greensboro and Hickory. **\$649 pp (all meals included)**



### June 24-29 - Summer Rail & Sail - "A New England & Maine Escape"

**\*\*9 SEATS AVAILABLE\*\***

**\*\*Air Included from selected cities\*\*** On this tour you will see the very best of New Hampshire and Maine by land, rail and sea!

**\$1,998 pp Includes 13 Meals (5 Breakfasts, 3 Luncheons, 5 Dinners)**



### July 19-29 - Viking Cruise - "Danube Waltz"

**\*\*7 STANDARD ROOMS AVAILABLE\*\***

Sail with us this summer through Hungary, Vienna and Germany along the beautiful Danube. This tour comes with air promo and 2 nights pre-stay in Budapest. **\$3,998 Standard**



### August 2-3 Overnight in Hendersonville, NC Featuring "MAMMA MIA"

Hendersonville calls us to get up, seek out and explore new experiences! Enjoy history, great meals and a wonderful evening of entertainment. Departs from Raleigh with pickups in Mebane and Lexington. Call today, seats available!

**\$289 pp (all meals included)**



### September 8-15 - An Oregon Adventure

**\*\*4 SEATS AVAILABLE\*\***

Featuring Crater Lake & Redwood National Parks, 8 days/7 nights. **This tour is limited to 20 guests.** Travel in luxury with a Professional Tour Guide & Chef aboard a limo liner. Air from Charlotte or Raleigh. **\$3,398 pp**



### October 24-26 - Casino & Concert

Travel to Dover, Delaware to the beautiful Dover Downs Resort. Receive \$80 FREE PLAY and a ticket to "One Night in Memphis" – featuring songs from Elvis Presley, Carl Perkins, Jerry Lee Lewis and Johnny Cash. Depart from Raleigh with pickup in Rocky Mount. **\$349 pp**



919-889-4900

karen@carolinacruisetours.com

www.carolinacruisetours.com

Carolina  
CRUISE & TOURS

## New Medicare Cards – A Reminder

Just an update that beginning in June, Medicare cards with NEW Medicare numbers will be mailed to North Carolina Medicare members that do not use NOT your Social Security Number. When you receive your NEW card, be sure to KEEP your old card because it will take your doctors and hospitals time to migrate to the new system. Until the entire process of changing the Medicare numbers to the new non-SSN number is completed, keep your old Medicare card in a safe place.

And don't forget—that just because you receive

your new Medicare number, your spouse, family members and friends may not receive their at the same time.

As a gentle reminder: if anyone calls on your phone to ask for your “new” Medicare number (or your former number) —please do not give it to them unless you are absolutely sure who it is and that they have a valid reason to ask for it. Help prevent Medicare fraud, waste and abuse. It is YOUR tax dollars being wasted.

## Attention Member Spouses: Be an Associate Member!

The spouse of any dues-paid active member can join NCRGEA as an “Associate Member” for only \$25 a year. Associate Members can access all full member benefits of our Association and also be covered by our \$10,000 Accidental Death & Dismemberment benefit. You can download an Associate Membership application from our website [www.ncrgea.com](http://www.ncrgea.com) or call our office to have one mailed 1-800-356-1190.

## Living Power In Large Print

To receive a large print version by email, send an email to [info@ncrgea.com](mailto:info@ncrgea.com) and request to be added to the Large Print List Serv. **Be sure to include your name, mailing address and email address.**

Our large print version is also posted on our NCRGEA website [www.ncrgea.com](http://www.ncrgea.com). We also provide a copy to Friends of the Blind for audio recording: [www.friendsoftheblind.org](http://www.friendsoftheblind.org).



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LiveFearlessNC.com

**LIVE  
FEARLESS**<sup>SM</sup>

BlueCross BlueShield of North Carolina

The advertisement features a photograph of a smiling man wearing a bicycle helmet and a light blue t-shirt, riding a bicycle. The background is a soft-focus outdoor scene. The text and logos are overlaid on the right side of the image.



# FOR NCRGEA MEMBERS



# Enjoy

## Company Discounts of up to 50% OFF at restaurants, retailers, hotels, grocery stores and more – nationwide!

**\$18 per year to participate in Access Perks**

**Access Perks is an online-only discount program. You must have a computer and/or smart phone and an email address. Enroll online, [www.ncrgea.com](http://www.ncrgea.com), or enroll using the form below.**

**Step 1:** Enroll in Access Perks using our website: [www.ncrgea.com](http://www.ncrgea.com). Under the Member Benefits heading, select Access Perks Discount Program, click on enroll or renew. Complete enrollment, press enter, and you will be taken to the payment screen. If you prefer to pay by check, complete the form below and return with payment as noted.

**Step 2:** Once enrollment and payment have processed, you will receive an email confirming your enrollment from NCRGEA, and a subsequent email from Access Perks with your account information. Allow 3 business days for processing.

**Step 3:** Get started. From our website, [www.ncrgea.com](http://www.ncrgea.com), select Member Benefits from the top of the screen. On the next screen scroll down and select Access Perks. When the Access Perks screen comes up, click on the blue box in

the center of the screen "View our perks click here". In the upper right corner of the screen, click "sign in", and enter your email address when prompted. If your name appears, you are active and can now download coupons.

**Step 4:** If you would like the Access Perks mobile app, first Download and then open the "Access Perks" app from the Apple Store or GooglePlay. Enter your email address, complete the registration page and set up your password. Note: this will be the same password you'll use to access the "Shopping Cart" feature on the website.

**Step 5:** That is it! Start saving at thousands of participating providers.

**Once enrolled and you need help getting started, call 877-408-2603**

### PLACES LIKE:



Prefer to mail payment:  
(Please print)

Name \_\_\_\_\_

Mailing address \_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Mail check for \$18.00 payable to NCRGEA to **PO Box 10561, Raleigh, NC 27605**

Enrollment questions, please contact NCRGEA at **800-356-1190**



## The Personal Retirement Information Resource for Retired Members

ORBIT provides you with secure access to your personal retirement account information 24 hours a day, seven days a week.

### What You Can Do With ORBIT

- Review your benefit payment history.
- Download personalized transaction forms.
- Update your tax deductions.
- Access the e-Enroll portal to update your retiree group coverage information (for members participating in the State Health Plan retiree group coverage).
- Add or update your contact information, including your mailing address, phone numbers, and e-mail address.
- Create a Transfer Benefit estimate.

These are just a few of the many features that ORBIT offers!

### How to Access and Register in ORBIT:

- Go to [www.MyNCRetirement.com](http://www.MyNCRetirement.com) and click on the "ORBIT" image.

### If You Currently Have an ORBIT Account:

1. Login with *that username and password*.
2. On the next screen answer *your current security question*, enter your email address, and set up three new security questions. Click **Next**.
3. After you click **Next**, you will receive an email with a security code you must enter on the **Security Code** screen to verify your identity.
4. Once you have entered the security code, you will be allowed to continue in ORBIT.

### If You Do Not Currently Have an ORBIT Account:

1. Click on the **Register** button.
2. Enter your Social Security number, date of birth, and click **Next**.
3. Enter your gross benefit payment amount (before taxes), and click **Next**.
4. Enter a username and password, and provide your email address. Select three security questions, provide the answers and click **Next**.
5. You will receive an email with a security code you must enter on the **Security Code** screen to verify your identity.
6. After you have entered the security code, you will be allowed to login with the username and password you selected in Step 4.

### STAY CONNECTED!

[MyNCRetirement.com](http://MyNCRetirement.com)  
[Facebook.com/MyNCRetirement](https://Facebook.com/MyNCRetirement)

NC Ret. Systems Division	• 877-NC SECURE
NC 401(k)/NC 457 Plans and NC 403(b) Program	• 866-NC PLANS
Pierce Insurance	• 855-627-3847
State Health Plan	• 855-859-0966



*Dale R. Folwell, CPA*  
 STATE TREASURER OF NORTH CAROLINA  
 DALE R. FOLWELL, CPA





# Get your custom-discounted pricing at any Office Depot retail location with your Store Purchasing Card.



## Store Purchasing Program SPC Account # 8012 256 0607

### CARDHOLDER INSTRUCTIONS:

For use in Office Depot® retail stores only. Present this card to cashier at checkout to receive your discounted price. Use of this card constitutes acceptance of the terms and conditions. Please visit [business.officedepot.com/tcspc](http://business.officedepot.com/tcspc) for full terms and conditions.

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Get your custom-discounted retail location with your Store Purchasing Card.

Thanks to the partnership between Office Depot® and NC Retired Gov. Employees' Assoc., you can now enjoy the benefits of our Store Purchasing Card Program.

- Over 1,100 retail store locations across the US.
- Find the supplies you need the same day, in store.
- Get discount services from our Copy & Print Depot™.
  - Black & white copies ..... \$0.025 each.
  - Color copies ..... \$0.29 each.
  - Binding, folding, cutting ..... 40% off the retail price.
- Choose from thousands of environmentally conscious products that help meet your agency's green goals.
- Use your Store Purchasing Card throughout the life of your contract.
- Visit [stores.officedepot.com](http://stores.officedepot.com) to find a location near you.

Learn about more ways to save with Office Depot®.

Contact your Office Depot® Account Manager for more information.

**Contact:** Sonya Reid  
**Phone:** (919) 880-7216  
**Email:** [sonya.reid@officedepot.com](mailto:sonya.reid@officedepot.com)

## FREE Lamination of your Program Card

Valid in store only. Must present this original coupon to cashier at time of purchase. Photocopies/reproductions not valid. Not valid for purchases made in Office Depot convenience/clearance/closing stores. Coupon is good for one-time use only, is not transferable, is not for resale or auction and cannot be combined with other offers or promotions. While supplies last. No rain checks. No cash back. Void where prohibited. Limit 1 coupon per household/business.

**Coupon expires 12/31/18**  
**Coupon Code 82677141**



The Store Purchasing Card is not a credit card. Office Depot coupons valid at retail stores and used with the card will provide a discount off the retail store price only. The cardholder will receive either its custom discounted pricing or the retail store price after discounts, whichever is lower. Please visit [business.officedepot.com/tcspc](http://business.officedepot.com/tcspc) for full terms and conditions. The Office Depot name and logo are the registered trademarks of The Office Club, Inc. © 2014 Office Depot, Inc. All Rights Reserved.



North Carolina

**Retired  
Governmental  
Employees'**  
*Association*

NON-PROFIT  
ORG  
US POSTAGE  
PAID  
RALEIGH, NC  
PERMIT #2223

P.O. Box 10561  
Raleigh, NC 27605-0561

**ELECTRONIC SERVICE REQUESTED**

### Weekly Legislative Updates

NCRGEA members can get a weekly update on the status or progress of legislation that impacts retirees when the legislature is in session. You can sign up to receive NCRGEA Legislative updates by email!

- Go to [www.ncrgea.com](http://www.ncrgea.com).
- Click on: **Sign-up to Receive NCRGEA Communications Electronically!**

### IMPORTANT PHONE NUMBERS

NCRGEA .....	1-800-356-1190
In Raleigh Area .....	919-834-4652
MetLife Dental .....	1-800-942-0854
Superior Vision .....	1-800-507-3800
NC Retirement Systems.....	1-877-627-3287
Seniors' Health Insurance Information Program .....	1-855-408-1212
In Raleigh Area .....	919-807-6900
NC State Health Plan .....	1-919-814-4400
Blue Cross/Blue Shield .....	1-888-234-2416
Amplifon Hearing Health Program .....	1-877-806-7054
United Healthcare .....	1-866-747-1014
Social Security Administration .....	1-800-772-1213
State Employees' Credit Union .....	1-888-732-8562
Local Government Federal Credit Union .....	1-800-344-4846
NC Total Retirement Plans 401K/457 Plans .....	1-866-627-5267
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