

SSA Updates for 2025

2025 Cost of Living Adjustment Press Release and Fact Sheet

[Press Release](#) | [Press Office](#) | [SSA](#) (English)

[Comunicados de Prensa](#) | [Oficina de Prensa](#) | [Administración del Seguro Social](#) (Spanish)

Social Security number & Card (to apply online)

[Social Security number & card](#) | [SSA](#)

Request Replacement Social Security Number Card

You can request a replacement Social Security number (SSN) card if it was lost or stolen. If you're only requesting a replacement card, and no other changes, using your personal *my* Social Security account is a good option. Keep in mind that in many cases, even if you lost your card, you may not need a replacement. In most cases, simply knowing your SSN is enough. But if you do need a replacement, we make it easy.

ssa.gov/myaccount/replacement-card.html



Appointment Focused Service (for individuals who cannot complete the process online, minors, etc.)

To Start Your Social Security Card Application and Schedule an Appointment

<https://secure.ssa.gov/ossnap/public/landingOSSnap>

SSA You Tube Page

[U.S. Social Security Administration - YouTube](#)

You Tube video - How To: Transition Your My Social Security Account

<https://youtu.be/AMADyonYNTE?si=Xx5rSqbQLCxmEjll>

Retirement Resources

Your Retirement Benefit: How It's Figured

<https://www.ssa.gov/pubs/EN-05-10070.pdf>

Online Calculators (Full Retirement Age Calculator, Spouse Benefit Calculator and others)

<https://www.ssa.gov/benefits/calculators/>

When to start receiving retirement benefits

<https://www.ssa.gov/pubs/EN-05-10147.pdf>

Working while receiving Social Security benefits

<https://www.ssa.gov/pubs/EN-05-10069.pdf>

Benefits for your family (spouse, child, divorced spouse)

<https://www.ssa.gov/benefits/retirement/planner/applying7.html>

Filing rules for Retirement and Spouse's Benefits

[Benefits Planner: Retirement | Filing Rules for Retirement and Spouses Benefits | SSA](#)

Survivor benefits (widows, widowers and dependents)

<https://www.ssa.gov/benefits/survivors/>

Your personal "my Social Security" account

<https://www.ssa.gov/myaccount/>

Frequently Accessed Online Services

<https://www.ssa.gov/pubs/EN-05-10669.pdf>

How to get your Social Security Statement

<https://faq.ssa.gov/en-us/Topic/article/KA-01741>

Links to Social Security Statement fact sheets are at the bottom of this page

<https://www.ssa.gov/myaccount/statement.html>

Looking for a local office?

<https://www.ssa.gov/locator/>

Taxation of Social Security benefits

<https://faq.ssa.gov/en-us/Topic/article/KA-02471>

Medicare Resources

Medicare benefits and enrollment

<https://www.ssa.gov/benefits/medicare/>

Who do I contact - Social Security or Medicare?

<https://www.ssa.gov/pubs/EN-05-10500.pdf>

NC Seniors' Health Insurance Information Program (NC SHIIP)

<http://www.ncshiip.com/>

Will My Medicare Premiums be higher because of my higher income?

[Benefits Planner: Retirement | Medicare Premiums | SSA](#)

Overpayment Resources

Overpayment Fact Sheet

[Overpayments \(ssa.gov\)](#)

Request for Waiver of Overpayment Recovery

[SSA-632-BK - Request for Waiver of Overpayment Recovery](#)

Request for Reconsideration

[Form SSA-561 | Request for Reconsideration | Social Security Administration](#)

Slam the Scam Resources

Protect yourself from scams

<https://www.ssa.gov/scam/>

Report a suspicious call, letter, text, or email about an alleged problem with your Social Security number, account, or payments.

<https://oig.ssa.gov/report/>

Social Security's Top 5 Scam Awareness Articles (03/15/2024).

[Social Security's Top 5 Scam Awareness Articles | SSA](#)

Additional resources

Social Security Office of the Chief Actuary (Trust Fund data, Proposals for program changes, etc.) <https://www.ssa.gov/oact/>

Withholding Income Tax from Your Social Security Benefits
<https://www.ssa.gov/benefits/retirement/planner/taxwithhold.html>

Online Services
<https://www.ssa.gov/online/services/>

Advance Designation of Representative Payee
https://www.ssa.gov/payee/advance_designation.htm

Ex-Spouse Benefits and How They Affect You (blog post)
<https://blog.ssa.gov/ex-spouse-benefits-and-how-they-affect-you/>

More details on the 35 years used to compute Social Security benefits
<https://www.ssa.gov/oact/cola/Benefits.html>

SSA FAQs
[FAQ Home](#)

Disclaimer: This information is current at the time of the presentation, but Social Security policy is subject to change. Please visit SSA.gov for up-to-date information on our programs.